

Bernard Palmier Shihan

7th dan Aïkikaiï

Bernard Palmier began his Aïkido practice at the age of thirteen with **Guy Lorenzi**, a student of **Tadashi Abe Sensei**.

At the age of eighteen he discovers the Aikido of **Tamura Sensei** and **Noro Sensei**. He will remain a diligent student of the Noro Institut for six years. When **Christian Tissier** returns from Japan, Bernard Palmier becomes his student. Through this teaching, he meets **Yamaguchi Sensei** and becomes his disciple for the next twenty years.

When, in turn, Bernard Palmier, leaves for Japan, he is twenty-six years old and is ranked 2nd dan. For five years he studies with all of the experts of the Tokyo Aïkikaiï, and with particular attention following the teachings of the **Doshu, Kisshomaru Ueshiba Sensei** and **Seigo Yamaguchi Sensei**.

In 1982 at the time of his return to France, he is ranked 3rd dan. While maintaining his professional career as a consultant in organisational management, he opens his own Dojo and is designated technical director for the Paris region by the French Aïkido Fédération (FFAAA). He continues to study with Christian Tissier, returns regularly to the Tokyo Aïkikaiï and follows assiduously the teachings of Yamaguchi Sensei.

He receives the rank of 4th and then 5th dan from the FFAAA. The equivalent Aïkikaiï ranks are attributed by Yamaguchi Sensei and Christian Tissier. **In 1996, at the age of forty-six, he obtains the rank of 6th dan.** A year later, through the intermediary of Christian Tissier, he receives the Aïkikaiï rank personally from the Doshu, Kisshomaru Ueshiba Sensei.

Bernard Palmier (applies) offers his professional skills in pedagogical methods to the practice of Aïkido and the FFAAA. For over thirty years he has contributed to the development of the continuing education of teachers through the organisation and direction of regional seminars for instructors, most particularly for the Paris region, and through the co-direction with Franck Noël (7th dan), then Arnaud Waltz et Luc Mathevet (6th dan) national seminars for teachers and future teachers.

September 1st 2007, he is attributed the rank of 7th dan by the National Commission. In 2008, Bernard Palmier is named President of the National Technical College. His mandate for this responsibility is renewed for a second four year term in 2012. In 2014, at the request of Christian Tissier, the **DOSHU Moriteru Ueshiba, attributes him with Aïkikaiï rank of 7th dan and the title of SHIHAN**, the highest teaching distinction granted by the Tokyo Aïkikaiï - an international recognition...